

Understanding Conductive Education

What is Conductive Education?

Conductive Education (CE) is a holistic learning approach originally designed to support children with movement disorders of neurological origin, however, it has now expanded to work with a wide range of Children and Adults.

CE is based on the idea of neuroplasticity—that the brain can be "re-wired" through conscious, intentional practice.

CE is a unique method of learning that brings together education, play, psychology, and physical tasks to facilitate learning and development.

CE looks beyond simply developing gross and fine motor skills. Instead, the focus is on building their personality and encourages children to become active learners.

If you're looking for an approach that unlocks your child's potential Conductive Education offers that unique blend.

What are the benefits of Conductive Education?

CE is all about potential and the person as a whole, it's educational system focuses on developing children as active participants in their learning. Furthermore, it also supports children in achieving greater independence and developing their personality.



What Happens During a Session?

1. Session Routine

Conductive Education sessions follows a structured but flexible routine. We work on a variety of skills simultaneously, including gross and fine motor skills, communication, and play.

2. The Task Series

This is a series of small, achievable, and functional movements performed in various positions such as lying, sitting and standing.

3. Rhythmical Intention

One of the most unique elements of CE is the use of language and music to support movement. We use "Rhythmical Intention"—specific songs, counting, or verbal prompts—to help the brain plan a task.

4. Facilitation and Observation

As a qualified Conductor, I provide "Facilitation." This is a careful blend of verbal prompts and physical guidance.

5. The Group

Is a supportive environment where they learn and develop social skills by working with and motivating each other. The group is an important aspect of CE to not only help facilitate learning but provide support for not just the child but also the whole family.

6. The Learning Environment

Is a supportive environmenet designed to build motivation and encourage success, with the goal of transferring learned skills to new situations.

In sessions we provide an environment to;

- Develop and improve gross and fine motor skills
- Develop communication
- Support sensory needs
- Develop play and academic skills
- Develop social skills